



Project Number: 557089 EPP1-2014-IT-SPO-SCP

“Power Endurance Fair Play” Workshop Acqui Terme, Italy 16th March 2016

Minutes

Participants

School Director: Bruzzone Claudio.

Orlando Gianpaolo, Saviozzi Lucia, Valdora Mario, Pasetti Giovanna, Ferrando Roberta, Ferraro Fabio, Gatti Riccardo, Lovisolo Stefano, Milano Stefania, Puro Laura

Minutes

Teachers involved:

Pasetti Giovanna –Physical Education teacher ISEF Graduation

Science of Education Degree

Sports practiced: swimming, five a-side football, running (at amateur level)

Swimming teacher from 1977 to 1986

Activities at school: school director’s collaborator; responsible for the Physical Education Department

Ferrando Roberta: Biological Sciences teacher Biological Sciences Degree Further activities: organization of didactic tours, labs activities, IT activities. Extra-curricular activities as headmaster’s collaborator, responsible for the secretary’s office, school time management, Environmental Education teacher in primary and middle schools, member of the social inclusion group, seminar director and spokeswoman, “Piano ISS” teacher.

Ferraro Fabio -Physical Education teacher.

Specialties: athletics, orienteering, first aid.

Expert teacher in the writing of multidisciplinary projects and interested in the development of theoretical knowledge.

Further activities: Management of a didactic farm with particular attention to organic production.

Gatti Riccardo - Physical Education teacher

ISEF graduation

Sports practiced: football at a competitive level

Cycling: (10 marathons in the Dolomites – 13.000 km per year)

Coaching activity: “Pulcini” football team of Acqui Terme

Lovisolo Stefano:Physical Education teacher

Liceo Scientifico

ISEF graduation

Teaching experience: 32 years

sports activities: coaching activity at a professional level, football, mountain-bike

Further activities: management of an indoor swimming pool, swimming coach



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Milano Stefania - Physical Education teacher
ISEF graduation
Physical Therapy Degree
Sports practiced: Trekking, volleyball, swimming, biking (at amateur level) Yoga.

Puro Laura- English teacher
Foreign Language and Literature Degree (Russian, English)
Master Degree in English teaching
Teaching experience: 10 years

The contents of the workshop

On 9th March, there was the P.E. teachers' preparatory work in order to be able to facilitate and guide the workshop event discussion. The preparatory meeting was about the following topics:

- Clarification of the purposes of the workshop
- Event proposals.
- Date of the workshop
- Contact with the associated partners

The workshop was held at the R L-M School on 16th March. It included 8 phases:

Introduction
Presentation of the project
Presentation of the toolkit for Physical Education Teachers
Presentation of the toolkit for Teachers
Presentation of the toolkit for School Directors
Group Discussion
Planning of the sport event
Evaluation of the workshop

The workshop was formally opened by welcoming and introducing the partners and presenting them the workshop schedule.

The workshop agenda is attached as annex P3.B.

The workshop was well attended indeed all the school partners were present: Liceo Amaldi – Novi Ligure, IIS Barletti – Ovada, IIS Ferraris Pancaldo – Savona, Vocational School “Istituto Alberghiero” – Acqui Terme. All the people who participated in the workshop have teaching experience and the most part of them have practical background in the organization of sports event.

The list of participants is attached as annex P3.C

After that, the aims of the project were introduced: awareness of the importance of sport at school, sport as a tool for social inclusion, an ethical approach to sport and all types of sport at school. Then, the NOFP portal was shown and some project leaflets were handed out.

The participants were proposed a brief ppt presentation about the aims of the project also making reference to the European and national indications dealing with social inclusion, then, they were presented the toolkits by using the NOFP portal. The following toolkits were introduced:

1. “Sport as a mean of social inclusion, including communication strategies with parents”. This work focuses on the responsibility of creating an atmosphere that promotes sport as a mean of social inclusion and takes into account the two main educational institutions: school and family.
2. “Sport as a mean to acquire life skills, including communication strategies with families”. This toolkit aims at identifying strategies to promote and develop life skills through sport, as part of the key skills of European citizenship, particularly the skills concerning “learning to learn” and “communication”.
3. “Sport as a means of social inclusion”. This toolkit focuses on the fact that inclusive education can be



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achieved through the commitment of all the people involved in education so teachers and school directors are key-people in school contexts.

The workshop went on by presenting the activities carried out up to now, showing a .ppt presentation about the “dissemination activities” and asking the participants their opinion in order to start the discussion. The discussion mainly focused on the fact that to really enhance sports values and consequently boost social inclusion and allow students to improve their life skills each school or institution should make a stronger effort to offer more inclusive environments and flexible programs. Physical Education teachers observed that, while teaching, they always try to convey the sports values in order to spread, boost and enhance students' transferable skills.

All the participants reached an agreement about the sports event (under described) to be carried out in order to promote the aims of the project and according to the practices described in the toolkits.

The opinion expressed by the teachers concerning the database of toolkit

Teachers involved in the workshop agreed with many of the strategies proposed in the toolkits. Some of them pointed out the importance of students' motivation and stated that a flexible approach could be the answer. Good results can be obtained as for example by proposing many different types of activities so that each student can discover the one that best suits him/her. As far as parents are concerned, they often show interest and appreciation for extra-curricular sports activities.

Someone else underlined that alliance school-family is very important: if on the one hand, families seem to appreciate extracurricular sports activities, on the other hand, when students show some weakness at school, sports activities are immediately cut down. The lack of sports structures is sometimes a problem: even if students can benefit from the sports centre "Mombaronne", they have to work in limited spaces because they have to use it together with another school. Others said the strategies described in the toolkits are very effective in order to develop an inclusive learning/teaching process, but as far as the Italian situation is concerned, programs are not that flexible.

Speaking of these issues and try to solve them can contribute to a change in mentality.

The plans for the organisation of the event

Period: 2nd Saturday of the school year 2016/17

Event: Multi-sports event. Team activities: 2 teams each school, 20 students each team (both boys and girls)
4 different types of activity, 4 races

- a) Five- a- side football races.
- b) Beach volley
- c) Swimming relay
- d) Marathon relay

Races **a** and **b** to be developed simultaneously. Races **c** and **d** follow and are played simultaneously.

Proposed agenda:

8:30 Meeting at the sports centre “Mombaronne” of Acqui Terme
9:30 – 10:30 Races **a** and **b** (five-a-side football and volleyball)
10:30 Break
11:00 - 12:00 Races **b** and **d** (swimming relay and marathon relay)
12:00 break
12:30 – 13:30 Lunch together



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13:30 Awards and Acknowledgments
14:00 Greetings

As shown, students will be proposed different types of activities in order to meet each student's needs. These activities aim at ensuring every student, regardless of gender, ability level or background to participate.



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