


## P1.E – BEST PRACTICE PROJECTS AND INITIATIVES TEMPLATE

Each partner must identify and review at least 12 best practice projects and initiatives.  
Please make sure to identify at least 1 initiative for each of the aims indicated in the template itself.  
Consider that each initiative can have one or more aims.

Title of the initiative	"CICLO- TOUR"
Picture of the initiative	
Web site of the initiative	<a href="http://www.liceoamaldi.net">http://www.liceoamaldi.net</a>
Date of the Event	25/05/2015
Country	Italia
City	San Lorenzo al Mare
Sport	Ciclismo Turistico
Aims	<ul style="list-style-type: none"> <li>● promotion of awareness of importance of sport at school level</li> <li>● promotion of an ethical approach to sport</li> <li>● promotion of all types of sports</li> </ul>
Description of the initiatives	<p>This event was proposed by the physical education's teachers of the Liceo thirty-five students of the age 16-17 and attending either the second year of the human sciences course or the third year of the foreign languages course joined this initiative. After renting the bikes, the students covered a total distance of 48 km from San Lorenzo al Mare to Ospedaletti and the way back. They cycled on a cycling path that runs along the coast so they could enjoy a wonderful seascape. In addition to its physical and motor value, this experience was useful because the students were asked to respect the rules of road-safety, especially when the track crossed cities such as Sanremo. Moreover, they developed a sort of team spirit in order to help the mates who were not used to cycling, encouraging them not to give up so that everybody managed to cycle the whole distance.</p>



Project Number: 557089 EPP1-2014-IT-SPO-SCP



Co-funded by the  
Erasmus+ Programme  
of the European Union